

“When I first started University my main fear was the language barrier as English is not my first language. However, after completing the mentoring and workshops programme, it has changed my view and it gave me a chance to interact with other students and employers”.

What is involved?

- > attending an information and networking event on Wednesday 24th September 2008
- > attending a training session on Wednesday 8th October 2008
- > 2 meetings with the mentor before December 2008



For further information and to register contact:

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This leaflet is available in alternative formats if required. Please contact Monira Ahmed for further information

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www.nases.org.uk/internationals



International Students Mentoring Programme



Edge Hill University



Mentee information

What is the programme about?

This is a pilot project that the University is working on to help international students develop mentoring relationships with employers or other students.

What is a mentor?

A mentor will give you support, build your confidence and encourage you, providing advice and positive guidance through the employment process.

Why the need for this programme?

International students often face barriers to securing part-time work due to a lack of confidence, support networks and employers' perceptions of employing international students. Many businesses are also not aware of the capabilities and skills that international students have to offer to their organisation and the UK job market.

“The mentoring scheme has proved very useful. It helped me better understand my own strengths and weaknesses and, therefore, be in a better position to prepare for interviews”.

How will you benefit?

You will be matched with a mentor from a local company or an experienced international student who may have worked part-time whilst studying and who can share their experiences with you. With the support of your mentor you can:-

- > get advice on CVs and interviews
- > boost your self confidence
- > benefit from the mentor's experience and insights
- > gain advice on finding and entering part-time employment
- > network with employers
- > meet new people from across the Merseyside universities
- > get experience that looks great on your CV

“I have met and made new friends, am better equipped and more confident career-wise and have had an excellent and helpful mentor”.

